

TRANSITIONAL SLEEP RECORDS

The "Miracle" Method of Self Improvement



"Conditioning"

(The Key to the Subconscious)

Tension Control

Weight Control

The "7" Power Records

- 1. ATTENTION
- 2. CONCENTRATION
- 3. MEMORY
- 4. VISUALIZATION
- 5. MOTIVATION
- 6. SELF CONFIDENCE
- 7. WILL POWER

Developing and Maintaining Health

- 1. BUILDING THE FOUNDATION FOR PERFECT HEALTH
- 2. DEVELOPING PHYSICAL AND MENTAL HEALTH
- 3. REALIZATION OF HEALTH, HAPPINESS AND PEACE OF MIND

Dynamic Personality Records

- 1. BUILDING THE FOUNDATION FOR A DYNAMIC PERSONALITY
- 2. DEVELOPING POISE, CONFIDENCE AND INNER STRENGTH
- 3. SELF REALIZATION AND PERSONAL MAGNETISM

Success Records

- 1. REMOVING BLOCKS AND FAILURE PATTERNS
- 2. LAYING THE FOUNDATION FOR SUCCESS
- 3. PLANTING POWERFUL SUCCESS MOTIVATORS

The Above Records Are Also Available On Tape — Recorded 7½ i.p.s. 30 Minutes

**TRANSITIONAL SLEEP
MEMORY**

(Power Recording No. 3)

8A-LEM-3

**33 $\frac{1}{3}$ RPM
Side 1**

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**TRANSITIONAL SLEEP
MEMORY**

(Power Recording No. 3)

8B-LEM-3

**33 $\frac{1}{3}$ RPM
Side 2**

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